

RACING FOR SIDS

On behalf of the Smiling Angel Foundation and Lola's IDEA Foundation with the assistance of SIDS Resources we will be hosting a mouse race event. All proceeds will benefit SIDS Resources.

Our immediate goals are to raise awareness about SIDS and to promote the latest safety and care measures that can help minimize the risk of this horrible occurrence. We plan to do everything in our power to solicit and influence decision makers at hospitals in the St. Louis area to help formulate more informative educational material for new parents. With the support of SIDS Resources, Inc. we produced a 6 minute video on the most current safe sleep guidelines and risk factors of SIDS that is being shown in a number of Hospitals including Barnes St. Peters and Barnes Downtown to every parent before leaving the hospital after the birth of their child. You may also view the video at <http://www.youtube.com/watch?v=ErPcyNeF8E4>.

We hope you will consider joining us for this awesome event. Email nadinefreedline@charter.net for tickets.

When: Friday, February 19th doors open at 6:00 pm races start at 7.

Where: Immaculate Conception Church Gymnasium in Dardenne new Lake Saint Louis and O'Fallon, MO

What: Mice Racing, Basket raffles, Games, Betting, Drinks and FUN!!

Cost: \$20 per person includes beer, soda, water and light snacks (you are welcome to bring your own snacks and Liquier!

Babies Sleep Safest
Alone
on their Backs
in their Cribs

Sydney Nicole Freedline
Lola Marie Ferrell



The Freedlines and Ferrells would like to thank you once again for supporting us and the girls in our effort to raise Sids awareness and promote safe sleep guidelines.

Sudden Infant Death Syndrome is the #1 cause of infant mortality from one month to one year of age.

Each year in the US there are about 2,500 deaths due to SIDS. This number increases to about 4,500 if you include all diagnostic categories like accidental suffocation or undetermined deaths.

Each year in the state of Missouri, about 100 babies succumb to SIDS.

The peak age for SIDS is from 2 to 4 months of age (70%); 90% occur between 1 to 6 months of age.

Other risk factors include:

- Low birth weight (less than 5 pounds)
- Premature (less than 37 weeks)
- Maternal smoking during pregnancy
- Multiple births (twins, triplets)
- Maternal age younger than 18 years
- Less than 18 months between births
- Infants that breathe secondhand smoke
- Infants who sleep in positions other than on their