

Registration Form

Pre-Register (on or before April 5th): \$18.00

Kids 12 and Under: \$5.00

Day of Race: \$20.00

Name: _____

Address: _____

City: _____

State: _____ Zip: _____

Phone: (____) _____ -- _____

Circle One: Run / Walk

Gender: Male Female

Age on race date: _____

Circle Shirt Size (guaranteed to first 100):

Adult- S M L XL

Child- S M

Return registration form and entry fee/checks
made payable to:

Ava Brown Memorial 5K Run/Walk

PO Box 1312

Jefferson City, MO 65102

For more information please contact us at:

AvaBrown5K@gmail.com

Ava Brown Memorial 5K Run/Walk
PO Box 1312
Jefferson City, MO 65102



Ava Brown
Memorial 5K
Run/Walk

**“In the belief
all babies should
live...”**

Saturday, April 10th, 2010

9:00 am, Rain or Shine

Memorial Park

Jefferson City, Missouri

Proceeds to benefit First Candle:
a national nonprofit SIDS organization



Ava Brown Memorial 5K Run/Walk

Saturday, April 10th, 2010
9:00 a.m. Rain or Shine
Memorial Park, Jefferson City

Ava Elizabeth Brown is the daughter of Robby and Sarah Brown, and little sister to Zach. She was a healthy and happy little girl who passed away suddenly on April 15th, 2009 at 8 weeks, 2 days old. Her cause of death was determined as Sudden Infant Death Syndrome. This memorial event has been established in her memory and honor, in order to help raise funds for vital research, education, and advocacy in the field of SIDS. All proceeds will benefit First Candle.

Details: This memorable event will take place on a USATF certified 5K course (#MO09069BGG), beginning and ending at beautiful Memorial Park in Jefferson City. T-shirts will be guaranteed to first 100 registrants. Registration will begin at 8:00 a.m. with the Run/Walk beginning at 9:00 a.m. on Saturday, April 10th, 2010. For more information, please contact: Avabrown5K@gmail.com



Entry Fees:

Pre-Register (on or before April 5th): \$18.00
Kids 12 and Under: \$5.00
Day of Race: \$20.00

Awards and Age Divisions: The top three (3) finishers in the following age groups for both walkers and runners will receive a medal. Overall men and women runners will be awarded a trophy.

13-19	20-29	30-39	40-49	50-59	60+
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Registration: Advanced registration must be received by April 5th, 2010. Return registration form and entry fee/checks made payable to: Ava Brown Memorial 5K Run/Walk, PO Box 1312, Jefferson City, MO 65102

Online registration with credit card payment option is available at:
<https://www.z2systems.com/np/clients/fc/event.jsp?event=199>

Release: In the consideration of the acceptance of my entry, I, for myself, my administrators, executors and assignees, do hereby release, and discharge First Candle, SIDS Resources Inc., Memorial Park, race organizers, and all other sponsors for all claims of damages, demands, and actions, whatsoever arising or growing out of my participation in said athletic event. I attest and verify that I have full knowledge of the risk involved in this event and I am physically fit and trained for this event.

Signature: _____ Date: _____

Parent Signature: _____ Date: _____